**Breakfast Served until 12**

**Full Welsh Breakfast**  £11.50 Smoked streaky bacon, sausage, Welsh free-range egg, beans, confit tomato, hash brown, roasted mushroom, malted toast

**Gower Surfers Breakfast (VG)** £12.60 Garden veggie sausages, chef’s bread, pureed avocado, pumpkin seed granola, roasted mushrooms, confit tomato, sun blushed tomato tapenade

**Huevos Rancheros (V)** £10.00 Lightly spiced tomato sauce, Welsh fried egg, toasted tortilla, feta avocado, chill

**Chefs Granola** £6.50Granola, Greek yoghurt, mixed berries jam

**Breakfast Sandwich**  £6.50 Bacon **or** sausage **or** egg **or** vegetarian sausage

**Toasted Teacake (V)**  £2.95 **Portion Jam/Maralade/Marmite** 50p

**2 Slices of Toast with Butter (V**) £1.95 **Portion Jam/Marmalade/Marmite** 50p

**Smoothies**

Avocado, mango, spinach, broccoli, £5.00

coconut and lime

Strawberry, blackberry, raspberry £5.00